



Acknowledgement of Risk

Colour:

Time off:

Booking Ref:

Every participant must read.

All persons on this form must have read the Advice and Safety Brief Sheet (or have it read to them).

By signing the form below you confirm that you have read and understood the Advice and Safety Brief Sheet and the Acknowledgement of Risk.

Participating in an activity session at Rope Runners Ltd may be physically and emotionally challenging and that there are inherent risks associated with such an activity. Failure to follow our safety rules and advice could make personal injury or a serious or fatal accident more likely but this risk is present even if you follow all the rules.

- You confirm that you will utilise all personal protective equipment supplied by Rope Runners Ltd as instructed.
- If necessary you will ask for clarification of instructions regarding the use of equipment before beginning any activity or at any time during an activity.
- You will immediately report any possible faults found with any piece of equipment to a member of Rope Runners staff so that it can be checked and replaced if necessary.
- You confirm that to the best of your knowledge you do not have a medical condition which might be made worse by participating in an activity at Rope Runners Ltd, or which might increase the chance of you being involved in an incident or accident, resulting in injury to yourself or others (e.g. heart condition, epilepsy, back or neck problems). If you are affected by such a condition then please consult a member of the Rope Runners staff before undertaking any activity. If you are a woman, you further confirm that to the best of your knowledge you are not pregnant.
- You understand that for safety reasons the maximum weight for participants on the ropes course is 120kg (19 stones) and the minimum age for all activities is 6 years.

Date of activity:

Please tick which activities you are participating in:

Ropes

Course ☐

Tunnelling ☐

Water Zorbing ☐

Archery ☐

Tag Maze ☐

Paintball Alley ☐

Team building ☐

Section 1: Only participants over the age of 16 complete this section.

	Print name	Date of Birth	Emergency Contact Number	Signature
1				
2				
3				
4				
5				
6				

Section 2. All participants under 16 must be included in this section.

- 1.) As the accompanying adult, I am granting consent for those persons listed below who are under 16 to participate in activities at Rope Runners Ltd.
- 2.) I declare that if I am not the Parent or Guardian of the child, I have the authority from the child's parent or guardian to sign this consent form on their behalf.

	Participating Child – Print Full Name	Date of Birth		Participating Child – Print Full Name	Date of Birth
1			7		
2			8		
3			9		
4			10		
5			11		
6			12		

Consenting Adult Name	Consenting Adult Contact number	Date	Signature

For Office Use Only:

Harnessed
up by:

Checked by:

Induction
carried out by: